

Pilates Studio Schedule

Reservations are required for all Pilates classes. All Reformer and Combo classes are fee-based.
 Experience gained from individual sessions is required for Pilates Open Gym and all private fee-based classes.
 Please contact Member Services to make reservations.

Effective August 1, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				6:15-7:15 Reformer II Jonathan		
	7:00-8:00 Reformer I Kelly	7:00-8:00 Open Gym Amanda	7:00-8:00 Pilates Body/Combo Amanda			
9:00-10:00 PurFit Pilates Tammy				9:30-10:30 Reformer I Jonathan		
				10:30-11:30 Pilates Body/Combo Kelly	10:00-11:00 Reformer I/II Instructor Rotation	
11:00am-12:00 Reformer II Colleen					11:00-12:00 Open Gym Instructor Rotation	
	12:00-1:00 Reformer II Colleen		12:00-1:00 Open Gym Colleen			
	3:00-4:00 Pilates Body/Combo Jonathan					
				4:00-5:00 Pilates Body/Combo Kelly		
5:30-6:30 Reformer I/II Kelly						
	6:30-7:30 Reformer I/II Kerri		6:30-7:30 Reformer I/II Nikki			